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RNFOO-NIA  
Final Report

# SPRUCE-RN

**WELCOME TO  
SPRUCE-RN!**

## CREATED BY HEALTHCARE SIMULATIONISTS

Each module has been designed and structured by nurses and healthcare providers knowledgeable in simulation to ensure learning objectives are met with the task trainer.



SPRUCE-RN.com is a website for Canadian rural-remote nurses to start hands-on education at their site, without breaking the bank. We strive to empower any nurse to create a task trainer, then implement and evaluate key nursing skills relevant to their practice, regardless of their simulation or craft skill level! Current modules include: CPR, IO insertion, IV insertion, wound care, suture/stapling, and standardized patients.

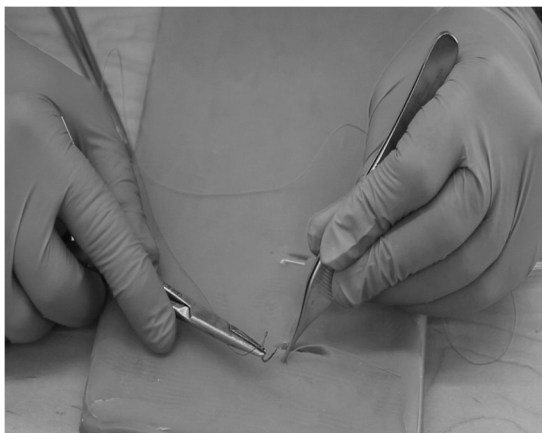
## REVIEWED BY RURAL- REMOTE RNS

Each module has been reviewed by rural-remote nurses. This includes assessing ease-of-use for assembly, supplies available, shipping considerations, and relevance of application.



## DESIGNED BY A SIMULATION & HEALTHCARE-INFORMED WEB DESIGNER

The website has been designed with user-friendliness in mind for rural-remote practitioners, including bandwidth and printing considerations.



## Instructions

> INTRODUCTION

> RURAL REMOTE FACTORS

> CPR

> IO INSERTION

> IV INSERTION



# WHAT TO EXPECT...

Advanced Wound Task Trainers  
Instructions

> STANDARDIZED PATIENT

... on the website!

### Training Modules

- Step-by-step instructions on how to develop task trainers with low-cost supplies for the following skills: CPR, IO insertion, IV insertion, wound care, and suturing/stapling. The CPR and IO insertion use supplies available in any local community!
- Cost-breakdown and material sourcing information for each task trainer including relevant links.
- A Rural-Remote Factors tab that including considerations for shipping, ordering, choosing DIY versus commercial products, seeking help, and other Northern simulation resources!
- A Standardized Patient tab that provides guidance on how to safely and effectively integrate standardized patients into training at a rural-remote institution, including various guiding documents.
- Guiding frameworks, resources, and references on how to provide effective teaching, feedback, and evaluation on skills listed.

### About Us & Contact Us

- A description of our team members, and a general SPRUCE-RN email is present for nurses to reach out for help and provide feedback as needed!

ADVERTISING IS PLANNED FOR THE RNAO-RNJ WINTER ISSUE, AND LOCAL OUTREACH TO THE NORTHERN SIM NETWORK & VIRTUAL CRITICAL CARE NETWORK! FURTHER DISSEMINATION AND PUBLICATION ON-GOING.

THE ENTIRE DESIGN TEAM HAS RECEIVED BACK-END TRAINING ON THE WEBSITE, MEANING EDITS CAN BE MADE AND MORE CONTENT WILL BE INTEGRATED!