



Registered Nurses'
Foundation of Ontario

Nurses Celebrating Nurses...
Nurses Investing in Nurses

ANNUAL
Gala
Fundraising
Dinner

at the



Wednesday June 9th 2004

T O R O N T O

MISSION To raise funds and steward sound investments to provide scholarships and awards to Registered Nurses in Ontario.

VISION To be recognized by the Ontario Nursing Community as the leading providers of nursing scholarships and awards in Ontario.

VALUES *Integrity* - We will act with integrity, honesty and openness clearly explaining our priorities and the purpose for which we are raising funds.

Partnerships - We are committed to effective partnerships and alliances with our many stakeholders.

Donor-centered Stewardship - We will respect the privacy of our donors by not selling or exchanging their names and honour all requests for anonymity. We will acknowledge those donors who wish recognition in an appropriate and balanced manner.

Accountability - We will be fiscally responsible with the funds entrusted to us by our donors by ensuring that those funds are distributed effectively. We will account to our donors regularly.

Academic Achievement - We believe that academic studies promote the development of nurses and the advancement of nursing.

Gala Planning Committee 2004

Sue Munro, *Saint Elizabeth Health Care – Chair*

Shirley Avery, *College of Nurses of Ontario*

Heather Campbell, *College of Nurses of Ontario*

Linda Cooper, *Ryerson University*

Stephen Dibert, *Medec*

Carol Eifert, *Ryerson University*

Anne-Marie Greene, *Sunnybrook Women's College Health Sciences Centre*

Carol Holmes, *Toronto Rehabilitation Institute*

Deborah Hurn, *University Health Network*

Janice Kaffer, *Peterborough Regional Health Centre*

Sara Lankshear, *Rélevé Consulting*

Janet Sirianni, *Saint Elizabeth Health Care*

Janice Waddell, *Ryerson University*

President's Welcome

Welcome to the 2004 Registered Nurses' Foundation of Ontario Annual Gala. The Gala has grown steadily since 1997 and it is now the cornerstone of our fundraising efforts.

Tonight we are here:

To celebrate the tremendous contribution made by Registered Nurses across this province.

To thank each and every one of you for your contribution to the health of our communities. Your commitment to the nursing profession gives real meaning to RNFOO's motto: "Nurses Helping Nurses."

To acknowledge the special accomplishments of this year's scholarship and award winners.



We would like to thank our sponsors, your employers and all our hard working volunteers who have made this evening possible. At this time we also want to extend a very special thank you to our annual donors. Many of you are in this room tonight. Your quiet, consistent support sustains RNFOO and we want to assure you that it hasn't gone unnoticed.

Have a truly enjoyable evening!

Ann Hawkins
President

The Board

Ann Hawkins, *President*
Shirley Avery, *Vice-President*
Beverley Simpson, *Past President*
Kimberley Jackson, *Treasurer*

Heather Campbell	Stephen Dibert	Margaret Griffin
Julie Carthew	Dorothy Ferguson	Carol Holmes
Kathryn Chang	Maureen Flanagan Pool	Deborah Hurn
Carolyn Currie	Valerie Grdisa	Sara Lankshear
	Anne-Marie Greene	

Lesley Bell - *Ex-officio*
Anne Coghlan- *Ex-officio*
Doris Grinspun- *Ex-officio*

Cindy Alexander, *RNFOO Administrator*
Sue Munro, *Chair of Annual Gala*

Thanks to our *2004* Gala Supporters *and* Contributors to the Raffle Prize Table

Anne-Marie Greene
Bharat Maini, Peterborough Regional Health Centre

Caban
Carol Holmes
Carolyn Currie
Cassel Brock
CHFI
CHUM FM
CITY TV

College of Nurses of Ontario
Daniel Collison, Regional Director of Investors Group Markham Office

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Deb Hurn

Dianna Rogers, Mary Kay Cosmetics
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Doug Avery, Avery's Garden Market
Enzo Cardillo, Enzo handbags
First Stage Enterprises Inc.

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Jan Tramov
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Lisa Rushton, Peterborough Regional Health Centre

MDS
Medtronics
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Registered Nurses Association of Ontario

Saint Elizabeth Health Care
Terry Adair, Twisted Pine Studio
The Country Pumpkin
The Old Mill Inn & Spa
Tilley Endurables
Tracey Dion, Handled With Care

RNFOO 2004 Silent Auction

•••
A visit with Roger, Rick and Marilyn
CHUM FM

•••
Two Private Pilates Lessons
Gema Zamprogna Studio Technique

•••
Hot Air Balloon Ride (2)
ATT Technologies/Réleve Consulting

•••
Ergonomic Office Chair
Carolina Business Furniture

•••
Framed Bob Talbot Print
First Stage Enterprises Inc.

•••
1 Day Sailing Outing/Lesson
Toronto Island Sailing Club

•••
Morning on Mix 99.9 with
Humble & Fred
Mix 99.9

•••
Close encounters with the 5th Domain!
*Sue Matthews, Provincial Chief
Nursing Officer*

•••
Ryerson Continuing Education Courses
Ryerson University

•••
2 Sony Walkmans
Centre Hi-Fi

•••
Cordless Phone
Tele-City Electronics

•••
Fuji Digital Camera
2001 Audio/Video

•••
Sony Mp3 Players
Trutone Electronics

•••
Autographed Baseball and Photo
Toronto Blue Jays

•••
2 Blue Jays Tickets
Toronto Blue Jays

Special Thanks to our Gala Sponsors

Floral table centerpieces courtesy of
**Ryerson, Centennial, George Brown
Collaborative Nursing Degree Program**

•••
Gala Program and Video Assistance
Doug Rosser, First Stage Enterprises

•••
Award Recipients Table Hosts

**MDS
Novartis
Pfizer**

Evening Program

Please Remember to Purchase Your Raffle Tickets
and Place Your Bid on Silent Auction Items

• • •

Welcome

Sue Munro, Chair of Gala Planning Committee

• • •

**“Nurses Celebrating Nurses...
Nurses Investing in Nurses”**

Video Presentation

• • •

Recognition of Gala Donors and Sponsors

Ann Hawkins, President

• • •

Honorary Life Member Presentation

Beverley Moir, RNFOO Past President

• • •

Recognition of our 2004 Award & Scholarship Recipients and Donors

Valerie Grdisa, Chair of Awards & Scholarships Committee

Shirley Avery, Vice President

• • •

Special Recognition Presentation

Shirley Avery, Vice President

• • •

Announcement of Silent Auction Winners

Sara Lankshear, Fund Development Committee

• • •

Closing Remarks

Sue Munro

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Drawing of Raffle Prizes Throughout the Evening

Menu



Assortment of Freshly Baked Breads and Butter



Salad



Arugula & Frisee Salad *with*
Air-dried Tomatoes, Goat Cheese
With Red Onions *and* Sherry Reduction

Soup



Leek & Potato Soup *with* Chive Foam

Main Course



Miso Glazed Atlantic Salmon *with* Sweet Potato Puree,
Parsley Risotto
And Spring Vegetables *with a*
Vanilla Saffron Emulsion

Dessert



Orange and Vanilla Bean Panna Cotta
with a Late Harvest Riesling *and a*
Rhubarb Consomme

Coffee & Tea



White Wine
Pino Blanco,
Ravenna

Red Wine
Merlot,
Vereto Caldirola

Valuing Our Mentors

We are here tonight to celebrate “nurses helping nurses”. While RNFOO primarily helps nurses by providing scholarships, scholarships are just one way to help nurses. While education is critical, it is up to all of us to broaden our support beyond scholarship and recognize the many ways we help nurses.

Whether through formal academic studies or informal learning experiences, nursing students and nurses often identify a nursing colleague who has made a major impact on his/her practice. These mentors are invaluable in influencing our growing professionals. As we celebrate nurses and invest in nursing tonight, let us remember and recognize these mentors, their influence and their impact on our thriving nursing professionals.

Alison Watson, RN, formerly University of Toronto Nursing Student wrote:

“I think that the most important benefit of mentorship for a young nurse is the opportunity to see excellent practice in action. My preceptor provided a very powerful example for me to follow, which really complemented the ‘book knowledge’ that I learned at school. Solid mentorship with excellent nurses is the best recruitment and retention initiative that I have seen yet.”

Bob Zavitz, RN, formerly George Brown College Nursing Student wrote:

“The relationship I have with my preceptor is important. It has taken me from a student to a graduate nurse that has the skills and confidence to begin to work in the workforce.”

Diane Stephenson, Chief Nursing Officer Ottawa wrote:

“For 3-1/2 years, my mentor listened, proposed sane and sensible advice, shared the laughter and humour of our days and guided my professional and learning journey. Our great nursing leaders lend a hand, bend their minds to others and help mend many a heart ache. Lending, Bending, Mending - isn't this caring leadership?!”

Margaret Huggins, RN Senior Team Leader, Geriatric Psychiatry, Baycrest Centre for Geriatric Care wrote:

“I feel it is a privilege to be a mentor. Mentoring another nurse keeps me sharp in my profession and helps me articulate my knowledge. Part of mentoring new staff is to prepare them for the “real world” and instill in them the love and dedication for our profession that I have.”

RNFOO 2004 Awards & Scholarships

CONTINUING EDUCATION

Miriam Bracken Award (\$500.00)

Marie Fulcher - Marie is completing her Bachelor of Arts, Honors in Psychology at York University and has a strong interest in both education and pediatric nursing practice. Her long-term goals include graduate education at the Master's and Doctoral levels. Marie's faculty supervisor describes her as, "one of the hardest working, most highly motivated and most persistent students this individual has ever supervised."

BACCALAUREATE LEVEL

Regina Borowska Scholarship (\$1000.00)

Coralee McLaren - Coralee is completing her Bachelor of Science in Nursing (BScN) at the University of Toronto. She has applied the knowledge and skill attained in her previous career as a dancer to an innovative project in which she examines the healing potential of the arts combined with evidence-based nursing practice. Coralee plans to pursue graduate studies to gain more knowledge of critical and persistent illness in the pediatric population.

Dorothy Ferguson Scholarship (\$1000.00) provides an opportunity to a registered nurse who wishes to pursue a baccalaureate degree in nursing. The successful recipient must demonstrate an interest in nursing administration/leadership.

Leanne Micahlofksy - Leanne is a registered nurse (RN) pursuing her BScN at Ryerson University. She is described as "an outstanding clinical and professional practice leader and excellent practitioner." Leanne's long term goal is to complete a Nurse Practitioner program in order to practice within the area of Mental Health/Psychiatric Nursing.



Jennifer Award (4 recipients - \$4000.00) The Jennifer Award provides opportunities for third and fourth year baccalaureate nursing students to complete their baccalaureate in nursing. Students must demonstrate outstanding potential and contributions to the fields of child and family, oncological or mental health nursing.



Sarah Dusky - Sarah is pursuing her BScN in The University of Western Ontario-Fanshawe College Collaborative Program. She has strong interests in political action in order to advocate for healthcare reform. Sarah's goal is to pursue a career rich in research and clinical practice within the nursing specialties of oncology and organ transplantation.



Martina Panfili - Martina is pursuing her Bachelor of Nursing at the University of New Brunswick-Humber College Collaborative Program. Her career goals involve joining an assertive community treatment team and actively contributing to this practice area through research, patient advocacy and policy development. Martina is described by her clinical placement professor as a "hard-working, enthusiastic student who has a great passion for nursing".

RNFOO 2004 Awards & Scholarships



Lisa Simpson - Lisa is an undergraduate nursing student at the Ryerson site of the Ryerson, Centennial and George Brown Collaborative Nursing Degree Program. She has a strong interest in working with vulnerable populations such as underprivileged children and the mentally ill. Lisa is particularly committed to helping to ensure that these populations have a reasonable standard of living and access to health care.



Shauna-marie Young - Shauna is completing her BScN at the University of Victoria. She demonstrates her leadership and "commitment to deliver interdisciplinary care to the concurrently diagnosed client living with a substance use disorder." Shauna is described by a colleague as a leader who integrates her course work with her clinical program and contributes to the health of both clients and nursing communities.

GRADUATE LEVEL

Margaret Avery Memorial Scholarship (\$2000.00) provides an opportunity to a registered nurse who wishes to pursue education at the graduate level related to the practice of gerontology or nursing education. The successful recipient must demonstrate that their professional career goals contribute to the advancement of nursing.



Laura Kokocinski - Laura is completing a Doctorate in Education at the Ontario Institute for Studies in Education (OISE), University of Toronto. Her "career goal is to conduct a research study to review the continuing education needs of health service executives" and in so doing, to contribute to the advancement and future development of nursing and health care leaders. Laura demonstrates strong, visionary leadership as Vice President of Services at Sioux Lookout Meno-Ya-Win Health Centre.

Isabel Black Scholarship (\$2000.00)



Laurie Clune - Laurie is completing her PhD-Nursing Science at the Faculty of Nursing, University of Toronto and is an Assistant Professor at the School of Nursing, Ryerson University. The aim of Laurie's PhD research is "to deepen the understanding of disabilities in Ontario nursing programs and to develop further research initiatives surrounding nurses with disabilities." Laurie is recognized for her political action and policy development skills within her community, professional associations and municipal and provincial governments.

Kathleen Howe Mitchell Scholarship (\$4000.00)



Karen Daley - Karen is enrolled in the Master of Science in Nursing program at the University of Ottawa, with a focus on psychiatric-mental health nursing. Her particular interest is in "building a body of knowledge in the area of power vs. engagement in the nurse patient relationship." At the Royal Ottawa Hospital, Karen contributed to the © Tidal study which examined the impact of the implementation of the ©Tidal Model of Psychiatric and Mental Health Nursing.

RNFOO 2004 Awards & Scholarships

Jan Metcalfe Award (2 recipients - \$1000.00)



Angela De Guzman - Angela is pursuing a Master of Science in Nursing at McMaster University. She is one of three students admitted under Dr. Alba DiCenso's Nursing Chair for Advanced Practice Nursing with the Canadian Health Services Research Foundation (CHSRF) and the Canadian Institutes of Health Research (CIHR). One of Angela's educational goals involves discovering the barriers and facilitators to the integration of RNs in Extended Class (EC) roles in Ontario's public health units.



Jennifer Menezes - Jennifer is completing her Master of Nursing (Clinical Nursing Field) at the University of Toronto. Jennifer is recognized for her leadership in establishing a multidisciplinary program of support for staff at the Wellesley Hospital Burn Unit. One of Jennifer's long-term career goals is "to assist in establishing and/or developing schools of nursing and primary health care systems in developing countries."

Prenatal & Parenthood Education Services Award (2 recipients - \$2000.00)



Kimberley Ann Dart - Kimberley is completing her Master of Science in the Family Nurse Practitioner (FNP) program at D'Youville College. As described by her Director, Kimberley "supports the Pre and Postnatal Clinic and has most recently provided a leadership role in creating infant massage classes and managing the newest initiative, our Special Pregnancy Clinic." Her career goal involves implementing the role of the FNP to meet the complex needs of patients and families, specifically women and newborns.



Kim Shadlock - Kim is pursuing her Master of Nursing (Nursing Administration) at the University of Toronto. She has held challenging leadership positions at the Hospital for Sick Children (HSC) as Chair (and Vice) of the HSC Registered Nurses' Council and Project Facilitator for the HSC Nursing Development, Recognition and Reward Project. Kim's career goals include exploring nursing work life issues, including the advancement of the image of nursing and the positive recognition of nursing as a professional career.

RESEARCH AWARDS



Prenatal and Parenthood Education Services Award (\$1500.00)

Dr. Christine Jonas-Simpson - Christine's research is in the area of Perinatal Loss and Bereavement. Her research activities will assist her to map out the work done to date with respect to families whose babies are born still. Gaps in the literature will be identified and will guide the priorities for a newly proposed Perinatal Loss and Bereavement Program of Research.

RNFOO 2004 Awards & Scholarships

RNAO INTEREST GROUP RECIPIENTS

CONTINUING EDUCATION

Ernie "Aieh" Jacobs Memorial Award (Diabetes Nursing Interest Group - \$2000.00) provides an opportunity to a registered nurse who wishes to pursue diverse continuing education in the area of diabetes education and care specific to type II diabetes in the Aboriginal population. The successful recipient must be currently practicing in an Aboriginal community.



Leslie Legros - Leslie is a RN enrolled in the Primary Health Care Nurse Practitioner RN (EC) program at Lakehead University. As a Diabetes Nurse Educator, she focuses on diabetes prevention and health promotion strategies in partnership with First Nations communities. Her long term goal is to provide leadership as a Diabetes Nurse Educator/Nurse Practitioner within a multidisciplinary health care team to further enhance community based services.

Ontario Association of Rehabilitation Nurses Award (\$1000.00)



Rosemarie Rombough - Rosemarie is enrolled in the Master of Science (Nursing) at Queen's University. The primary aim of her thesis is "to examine reported quality of life, feelings of despair and depression, and caregiver strain and burden in primary caregivers of stroke survivors." Rosemarie was profiled in the second quarter 2003 Sigma Theta Tau International publication, *Reflections on Nursing LEADERSHIP* as the recipient of The Scholarship for Post-RN Baccalaureate Students.

BACCALAUREATE LEVEL

Childbirth Nurses Interest Group Scholarship (2 recipients - \$1000.00)



Maryanne Platt - Maryanne is a post-RN student (BScN) at Brock University and she is also completing her Perinatal Health Certificate through Mohawk College. Upon graduation Maryanne hopes to engage in Community Health Nursing with a focus on women's health. Her long term career goals include graduate education to prepare her for advanced practice in the area of reproductive and sexual health.



Emily Robson - Emily is completing her BScN at the University of Toronto. She is involved in an international breastfeeding/ HIV research study and in future would like to continue to work in Maternal Infant Care in a community setting. She plans to pursue a Master's or PhD in Nursing Science in order to research the effects of physical activity on post-partum depression.

RNFOO 2004 Awards & Scholarships

RNAO INTEREST GROUP RECIPIENTS

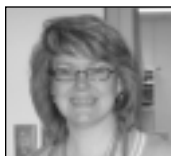
GRADUATE LEVEL

Childbirth Nurses Interest Group Scholarship (2 recipients - \$1000.00)

provides an opportunity to registered nurses who wish to pursue further education at the baccalaureate, master's or PhD level related to perinatal, neonatal, mother, baby or parenting issues.



Lisa Chadwick - Lisa is enrolled in the Clinical Health Sciences in Nursing (MScN) at McMaster University. Lisa demonstrates her commitment to obstetrics and maternal-child health through continuing education opportunities such as Breastfeeding and Doula courses, as well as the Maternity Certificate program. One of her long-term career goals involves engaging in research "that promotes the healthy development of maternal-child nursing as a profession."



Charlotte Etue - Charlotte is completing her Master of Science in the Family Nurse Practitioner program at D'Youville College. Charlotte completed a RNAO Clinical Leadership Fellowship supported by four regional hospitals to examine current practices of care of near-term newborns; 35-37 weeks gestation. Recently, Charlotte led a project to implement regional newborn transitional care guidelines in perinatal areas and subsequently, nursery admission rates have decreased by 50%.



Dr. Hildegard E. Peplau Award (\$1000.00)

Alison Watson - Alison is completing a Master of Nursing (Mental Health Clinical Stream) at the University of Toronto. Her long-term career goals involve pursuing doctoral studies and practicing as a certified Nurse Psychotherapist. Alison has a particular interest in the mental health of older persons as she defines, "I would like to be able to offer unique and high-quality mental health solutions to an entire range of older adults in Ontario."



Ontario Nursing Informatics Group Scholarship (2 recipients - \$750.00)

Sylvia Cashmore - Sylvia is completing her Master of Business Administration (MBA) at Athabasca University's Centre for Innovative Management. Sylvia is recognized at the Peterborough Regional Health Centre for her commitment to working with nursing staff, information system personnel and regional partners to develop an integrated Meditech system to support nursing informatics. One of her career goals involves coleading "the production of a business case for the implementation of the Ontario Stroke Strategy" in the Peterborough region.

Kristine Newman - Kristine is completing her Master of Science (Nursing) at Queen's University. Kristine is conducting a study for her thesis in the nursing informatics and documentation field. As indicated by one professor, "this is a very challenging proposal both intellectually and technically...such evaluations of the benefits of technology on health care delivery are still relatively uncommon."

RNFOO 2004 Awards & Scholarships

RNAO INTEREST GROUP RECIPIENTS

Provincial Nurse Educators Interest Group Award (2 recipients of 5 awards - \$1000.00)



Angela Luciani - Angela is pursuing her Master of Nursing at Memorial University of Newfoundland. Angela is described as “innovative in her approach with students, creating unique learning opportunities and showing profound organizational abilities.” Angela’s long term career goal “is to work in a nursing education environment where the concepts of praxis, community partnerships, and community development are developed into central components of basic nursing education.”



Jennifer Phillips - Jennifer is completing her MScN at the University of Western Ontario (UWO) and has applied for the Primary Health Care Nurse Practitioner (PHCNP) Program. Also a graduate student teaching assistant at UWO, Jennifer has developed her thesis entitled, “Clinical Nurse Educators Self-Efficacy for Evaluation of Marginal Baccalaureate Nursing Students.” One of Jennifer’s career goals involves working in elder care/gerontological nursing as a PHCNP.

NOTE: THREE AWARDS WERE NOT DISBURSED IN 2004:

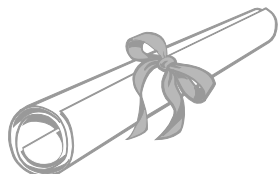
1. ***Mary Ann Murphy Memorial Diabetes Award (\$1000.00) - DNIG***
2. ***Margaret Myers Diabetes Clinical Practice Award (\$1000.00) - DNIG***
3. ***Staff Nurse Interest Group Award (\$1000.00) - SNIG***



**Registered Nurses'
Foundation of Ontario**

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Nurses Investing in Nurses**

RNFOO Thanks You



The Foundation appreciates your generous support of the Gala Dinner and other fundraising initiatives. Your donations enable the RNFOO to support a growing scholarship program and provide more awards to outstanding candidates.



Please help profile RNFOO by sharing this program book with a student or colleague.

*Your gift will make a difference and will help the
Foundation fulfill its mission to raise funds
and steward sound investments to provide
scholarships and awards to
Registered Nurses in Ontario.*

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